

## Hebrews 4

- 1 Therefore, a promise being left to enter into His rest, let us fear lest any of you should seem to come short of it.
- 2 For also we have had the gospel preached, as well as them. But the Word preached did not profit them, not being mixed with faith in those who heard it.
- 3 For we who have believed do enter into the rest, as He said, "I have sworn in My wrath that they should not enter into My rest;" although the works were finished from the foundation of the world.
- 4 For He spoke in a certain place of the seventh day in this way: "And God rested the seventh day from all His works."
- 5 And in this place again, "They shall not enter into My rest."

- 1 Craignons donc, tandis que la promesse d'entrer dans son repos subsiste encore, qu'aucun de vous ne paraisse être venu trop tard.
- 2 Car cette bonne nouvelle nous a été annoncée aussi bien qu'à eux; mais la parole qui leur fut annoncée ne leur servit de rien, parce qu'elle ne trouva pas de la foi chez ceux qui l'entendirent.
- 3 Pour nous qui avons cru, nous entrons dans le repos, selon qu'il dit: Je jurai dans ma colère: Ils n'entreront pas dans mon repos! Il dit cela, quoique ses œuvres eussent été achevées depuis la création du monde.
- 4 Car il a parlé quelque part ainsi du septième jour: Et Dieu se reposa de toutes ses œuvres le septième jour.
- 5 Et ici encore: Ils n'entreront pas dans mon repos!

6 Since then it remains that some must enter into it, and since they to whom it  
7 was first preached did not enter in because of unbelief,  
7 He again marks out a certain day, saying in David, "Today," (after so long a  
time). Even as it is said, "Today, if you will hear His voice, harden not your  
hearts."  
8 For if Joshua had given them rest, then He would not afterward have spoken  
of another day.  
9 So then there remains a rest to the people of God.  
10 For he who has entered into his rest, he also has ceased from his own  
works, as God did from His.  
11 Therefore let us labor to enter into that rest, lest anyone fall after the same  
example of unbelief.

6 Or, puisqu'il est encore réservé à quelques-uns d'y entrer, et que ceux à qui  
d'abord la promesse a été faite n'y sont pas entrés à cause de leur  
désobéissance,  
7 Dieu fixe de nouveau un jour-aujourd'hui-en disant dans David si longtemps  
après, comme il est dit plus haut: Aujourd'hui, si vous entendez sa voix,  
N'endurcissez pas vos coeurs.  
8 Car, si Josué leur eût donné le repos, il ne parlerait pas après cela d'un autre  
jour.  
9 Il y a donc un repos de sabbat réservé au peuple de Dieu.  
10 Car celui qui entre dans le repos de Dieu se repose de ses œuvres, comme  
Dieu s'est reposé des siennes.  
11 Efforçons-nous donc d'entrer dans ce repos, afin que personne ne tombe en  
donnant le même exemple de désobéissance.

- 12 For the Word of God is living and powerful and sharper than any two-edged sword, piercing even to the dividing apart of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.
- 13 Neither is there any creature that is not manifest in His sight, but all things are naked and opened to the eyes of Him with whom we have to do.
- 14 Since then we have a great High Priest who has passed into the heavens, Jesus the Son of God, let us hold fast our profession.
- 15 For we do not have a high priest who cannot be touched with the feelings of our infirmities, but was in all points tempted just as we are, yet without sin.
- 16 Therefore let us come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.
- 12 Car la parole de Dieu est vivante et efficace, plus tranchante qu'une épée quelconque à deux tranchants, pénétrante jusqu'à partager âme et esprit, jointures et moelles; elle juge les sentiments et les pensées du cœur.
- 13 Nulle créature n'est cachée devant lui, mais tout est à nu et à découvert aux yeux de celui à qui nous devons rendre compte.
- 14 Ainsi, puisque nous avons un grand souverain sacrificateur qui a traversé les cieux, Jésus, le Fils de Dieu, demeurons fermes dans la foi que nous professons.
- 15 Car nous n'avons pas un souverain sacrificateur qui ne puisse compatir à nos faiblesses; au contraire, il a été tenté comme nous en toutes choses, sans commettre de péché.
- 16 Approachons-nous donc avec assurance du trône de la grâce afin d'obtenir miséricorde et de trouver grâce, pour être secourus dans nos besoins.

Is God satisfied?

- 1.The rest of God
- 2.Be diligent, or  
labour, to enter into  
the rest of God
- 3.Through the word of  
God

# **1.The rest of God**

# The rest of God

- For He spoke in a certain place of the seventh day in this way: "And **God rested** the seventh day **from all His works**" (Hebrews 4:4)
- And on the seventh day **God ended His work which He had made**. And **He rested** on the seventh day from all His work which He had made. And **God blessed** the seventh day and **sanctified** it, because in it He had rested from all His work which God created to make (Genesis 2:2-3)

Rest indicates  
satisfaction and  
completion

It is not so much our  
rest

We often focus on our  
own peace or enjoyment,  
our own feelings of joy  
and rest

But God's rest

**But is God satisfied?**

## The rest of God (Hebrews 4:8)

- For if Joshua had given them rest, then He would not afterward have spoken of another day.

There is another day. That  
means that God is not yet  
satisfied

Today

**Does my daily living  
satisfy God?**

Does the current condition  
of the church satisfy God?

Do the saints I am close  
to satisfy God?

The answer is not  
automatically « YES ».

There is a  
warning

## The rest of God (Hebrews 4:3,5)

- For we who have believed do enter into the rest, as He said, "I have sworn in **My wrath** that **they should not enter into My rest;**" although the works were finished from the foundation of the world.
- And in this place again, "**They shall not enter into My rest.**"

2. Be diligent, or  
labour to enter into  
God's rest

# The rest of God (Hebrews 4:9-11)

- So then there remains a rest to the people of God. For he who has entered into his rest, he also has ceased from his own works, as God did from His. Therefore let us **labor** to enter into that rest, lest anyone fall after the same example of unbelief.

What does it mean to  
enter into God's rest?

I must labour, give  
diligence, use  
diligence, to pursue

Pay attention to the  
process, rather than the  
result

It is not how much I  
understand the Bible,  
but rather do I come to  
the Bible?

Am I afraid of the  
Bible?

**It is not so much how  
much peace or joy I get  
from the Bible, but  
rather DOES THE  
LORD SPEAK TO ME?**

It is not so much how  
much peace or joy I get  
when I come to the  
meetings, but rather do  
I need the saints?

It is not how many  
brothers or sisters get  
helped by me, but  
rather: AM I WITH  
**BROTHERS AND**  
**SISTERS?**

Am I close to brothers  
and sisters, and do I  
grow with them?

Do I have companions  
with whom I can pray  
together and pursue  
the Lord together?

**It is not how many people  
get saved through my  
gospel preaching, but  
rather: DO I TALK TO  
PEOPLE ABOUT MY  
GOD?**

Do I fight to pursue  
Christ diligently,  
deperately?

## Philippians 3:13-14

- My brothers, I do not count myself to have taken possession, but one thing I do, forgetting the things behind and reaching forward to the things before,
- I press (pursue) toward the mark for the prize of the high calling of God in Christ Jesus.

# 3. How?

Through the  
word of God

# The rest of God (Hebrews 4)

- For the Word of God is living and powerful and sharper than any two-edged sword, piercing even to the dividing apart of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart (v. 12)
- Neither is there any creature that is not manifest in His sight, but all things are naked and opened to the eyes of Him with whom we have to do (v. 13).

In this verse, the function of the word is not to give us peace or a good feeling, or even blessing

It is a sword to cut  
me, to pierce me, to  
divide me

To expose me, to lay  
bare my inmost  
thoughts, to bring me to  
the One with whom I  
must render an account

Does the word drive  
me, with burden, to be  
desperate to pursue, to  
endeavour, to  
persevere, to satisfy  
the Lord?

<b>The rest of God</b>	<b>Labour or be diligent</b>	<b>Through the word of God</b>
Indicating God's rest and satisfaction; not so much our rest, or our peace and joy, which we do have	The process rather than the result; often we focus on our experience of joy and peace	The word of God is a sharp sword to cut me, to pierce me, to divide me
Does my daily living satisfy God? Does the current condition of the church satisfy God? Do the saints I am with and close to satisfy God?	Am I diligent, or use diligence, or labour, to gain Christ? This requires my labour	Not to give me a good feeling or even blessing, but to expose me, to lay bare my inmost thoughts, to bring me to the One with whom I must render an account
There is a possibility that I may not enter into God's rest; so there is a warning for us	On the one hand, I cease from my own works; on the other hand, I must fight to pursue Christ, to make Christ my life, and the church my living	Does the word drive me, with burden, to be desperate to pursue, to endeavour, to persevere, to satisfy the Lord?